



THYRO FACTS 2024

Annual Thyroid Update

Dear friends,

It is our privilege to welcome you all to the fourth edition of our annual thyroid symposium, "THYRO-FACTS 2024". This program is intended to give you an insight in to the recent updates in thyroidology. Keeping that in mind, we have included 11 clinically relevant lectures apart from a multi-disciplinary grand rounds and a quiz program involving six teams in this symposium. You are eligible to get academic credits for attending this conference. We request you to block the date in advance and be a part of this scientific feast.

Team
Thyro-Facts 2024

Organising team

Chairman : Dr Aneesh Ghosh, MS
Secretary : Dr Abhilash Nair

Scientific Committee

Chairman : Dr Jabbar, PK
Advisors : Dr Sasikumar, V
Dr Suja Sukumar
Dr Karthik, V



CAPSTONE
OBESITY DIABETES &
ENDOCRINE SCIENCES

in affiliation with



14th January 2024
9 AM - 3.30 PM

Hotel Residency Tower
Thiruvananthapuram

TOPICS

Session 1: THYROIDOLOGY CASE FILES

Case and Clinical Discussion: An Approach to Drug Induced Thyroid Dysfunction

Clinical Scenarios: Thyroid Emergencies

Case and Clinical Discussion: When TSH doesn't Come down Despite Optimal Thyroxine Dosage

Chairpersons :

Dr Sasikumar. V MD, DM / Dr S. Bhasi MD

Session 2: CLINICAL THYROIDOLOGY

Bone Health in The Spectrum of Thyroid Disorders: Learning with Clinical Scenarios

Clinical Perspectives: Role of Diet, Nutrition and Lifestyle in Thyroid Function

Clinical Pearls: Skin, Hair, Nail and Thyroid

Chairpersons :

Dr Rajasekharan MD, FRCP / Dr Aswinikumar. S MD

FACULTY

Dr Karthik. V MD, DM
Thiruvananthapuram

Dr Beatrice Anne MD, DM
Hyderabad

Dr Abhilash Nair MD, DM
Kollam

Dr Ganavi. Y. P MD, DM
Bengaluru

Dr Felix Jebasingh. K MD, DM
Vellore

Dr Lakshmi Nagendra MD, DM, MRCP
Mysore

TIME

9.00 AM-9.20 AM
(15+5 minutes)

9.20 AM-9.40 AM
(15+5 minutes)

9.40 AM-10.00 AM
(15+5 minutes)

10.00 AM -10.20 AM
(15+5 minutes)

10.20 AM - 10.40 AM
(15+5 minutes)

10.40 AM -11.00 AM
(15+5 minutes)

Inauguration

11.00 AM-11.15 AM

TOPICS

Session 3: PREGNANCY & THYROIDOLOGY

Decision Making: Low TSH in Early Pregnancy,
To Treat or Not ? : A Case Based Discussion

Approach to Incidentally Detected Thyroid Cancer
in Pregnancy: A Case Based Discussion

Clinical Approach: Newborn Baby with A Goiter.
A Case Based Discussion

Chairpersons :

Dr Syamala. N MD / Dr Cemmi Noble DGO, DNB, DMAS

Session 4: ADVANCED THYROIDOLOGY

Autoimmunity & Thyroid Disorders: The Link and
Scope of Targeted Therapy

Chairperson :

Dr S. Bhasi MD

FACULTY

Dr Ganavi.Y. P MD DM
Bengaluru

Dr Suja Sukumar MD, DM
Kochi

Dr Riaz. I MD
Thiruvananthapuram

Dr Beatrice Anne MD, DM
Hyderabad

TIME

11.15 AM-11.35 AM
(15+5 minutes)

11.35 AM-11.55 AM
(15+5 minutes)

11.55 AM-12.15 PM
(15+5 minutes)

12.15 PM-12.35 PM
(15+5 minutes)

Session 5: PRIME TIME: ANANTHAPURI GRAND ROUNDS

Clinical Conundrum: Recurrent Heart Failure in a 62 year Old Man with Graves's Disease and Worsening Liver Function.

Learning Objectives:

1. Interplay between cardiac functioning and hyperthyroidism
2. Use of Amiodarone in hyperthyroidism & AF: boon or bane ?
3. Liver & hyperthyroidism: Real association or red herring ?
4. Use of anti-thyroid drugs in prevailing liver dysfunction
5. Role of radio-iodine therapy in Graves' disease complicated by CCF
6. Anaesthetic challenges in preparing a high risk patient with poorly controlled hyperthyroidism
7. Surgical challenges in operating a high risk patient with poorly controlled hyperthyroidism
8. Challenges of patient communications in this scenario

Session 6: QUIZ COMPETITION

[15 K Cash Prize]

Quiz Master:

Dr Abhilash Nair MD, DM

Coordinator:

Dr Karthik V MD, DM

PANELISTS

Dr Felix Jebasingh. K MD, DM (Endocrinologist)

Dr Anand Marthanda Pillai
MD, FACC, FHRS (AB) (Cardiologist)

Dr Rajeevan. S MD, DM (Gastroenterologist)

Dr Arun MD (Nuclear Physician)

Dr Manoj, C.B MS, FRCS (Endocrine Surgeon)

Dr Gopakumar, D DA, DNB (Anaesthetist)

Lunch Break

1.30 PM-2.15 PM

TIME

12.35 PM-01.20 PM

PARTICIPATING TEAMS

Government Medical College , Thiruvananthapuram

KIMS Health, Thiruvananthapuram

Ananthapuri Hospitals & Research Institute, Thiruvananthapuram

Dr Somervell Memorial CSI Medical College, Karakonam

Sree Gokulam Medical College, Venjarammoodu

Azeezia Medical College, Kollam

02.15 PM-03.30 PM



REGISTRATION

Please register using the link:

www.codeskowdiar.com/event-registration/



CONFERENCE SECRETARIAT

Capstone Obesity Diabetes & Endocrine Sciences

Sreekrishna Lane, Kowdiar-695003 9447588958, 9496889508

codeskowdiar@gmail.com | www.codeskowdiar.com

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